

Field Gear List for Changing North NWT Field Course

Must haves:

- 1) Day pack that is large enough to carry your lunch, your water for the day, and any field gear/samples that are shared amongst packs
- 2) Rubber boots or waterproof-ish hiking boots that you are comfortable wearing into muddy, wet locations
- 3) Rain Gear (jacket and pants)
- 4) Water bottle (or two) for day trips
- 5) Field notebook (you are required to take notes daily on lecture, field work, etc. as well as any data collection you are responsible for recording... you will submit this and it forms a part of your mark).
- 6) Pens/pencils
- 7) Clothing for a range of temperatures (It can be very cool in the mornings [i.e., close to 0C] and evenings and very hot in the day)
 - a. Quick dry pants are great
 - b. Hat and gloves are not a bad idea for mornings/evenings
 - c. I don't know how warm the cabins are so you likely want cool weather pajamas
- 8) Sunglasses and/or hat with visor
- 9) Flashlight or headlamp
- 10) Some sort of indoor shoe if you do not wish to go sock feet... field shoes will not be permitted inside the buildings at Trapper's Lake
- 11) Bear Spray (available at all outdoor stores, Canadian Tire, etc.)
- 12) Beach towel

Suggested items:

- 1) Laptop computer
- 2) Camera
- 3) Binoculars
- 4) Handheld GPS (if you have one, bring it but not mandatory)
- 5) Bug spray (bugs won't be bad at that time of year but if you have been bug-free city living all summer they may bother you)
 - a. If you are particularly irritated by or sensitive to mosquitoes and/or black flies you might consider a bug jacket
- 6) Any medications/personal items you may need
- 7) Personal first aid kit (for your day pack)
- 8) Particular foods that you can't live without

What we will provide:

- 1) Major first aid kit for each vehicle
- 2) Any necessary sampling equipment
- 3) All meals are provided during the course
- 4) Compasses (please brush up on compass use before the course)
- 5) Hip/chest waders
- 6) Bedding/shower towels